

2009 Pre-Season Practice Schedule

Monday, August 10th - First Legal Day of Practice

- Regular Practice Facility Only
- No Contact
- Sleds, dummies, shields, and ropes are permitted
- Helmets are permitted
- More than one practice per day is permitted

Thursday, August 13th -

- First day of pads and contact
- More than one practice per day is permitted

Saturday, August 15th -

- No Practice allowed, can be used as a press/photo day

Monday, August 17th - Friday, August 21st -

- One (1) practice per day
- Recommended-Normal length and time of day of practice

Saturday, August 22nd -

- Practice permitted on this day

Thursday, August 27th -

- First Legal Playing Date